

PARENT/CHILD TECH AGREEMENT

Dear _____,

I'm so excited about your new _____! With this exciting privilege comes tremendous responsibility. Therefore, you agree to:

- 1 Keep Balanced.** Tech is awesome, but never forget the offline world is pretty incredible too! You agree to unplug during mealtimes, family gatherings, or when friends visit. You also agree to limit tech use to _____ hours per day during the week/_____ on weekends and you will never let tech interfere with getting enough sleep or exercise.
- 2 Maintain Privacy.** Never divulge personal information online. This includes your name, address, phone number, and location. You will also be mindful of sharing the personal information of friends and family. This includes sharing their photos without permission.
- 3 Be Kind.** You understand that online communication often leaves out social cues that let others know when you are kidding or being sarcastic. You will treat others kindly and respectfully online, and you'll stand up for those you might see being treated cruelly.
- 4 Protect Your Reputation.** You understand that everything you post online stays online forever. It can be seen by anyone and everyone. People, even those you don't know, will judge you by your digital reputation. Be careful what you post and remember to be the same good person online as you are offline.
- 5 Stay Smart.** You are being granted the privilege of using this powerful device because you are smart enough to know never to search for or share inappropriate information. You know not to take, send, or ask for nude pics, ever. You understand that not everything you see online is true. You know not to "steal" the creative works of others without their permission.
- 6 Ask for Help.** The online world is vast and confusing place. I get confused too, but that doesn't mean you shouldn't ask me for help. Together we can figure out anything that might seem perplexing, dangerous, or even ridiculous. Please don't let anything you see or hear online stop you from coming to me, or another trusted adult, for help.

Agreed to by,

Child Signature

Date