

# DIGITAL ON-RAMPS

## FOR GRADES 4-5



### ABOUT THE CURRICULUM

Students about to take flight online need help navigating technology safely and wisely! Like our popular middle school digital literacy curriculum, Cyber Civics' "Digital On-Ramps" is packed with engaging lessons, videos, and hands-on activities — all focused on the social-emotional skills 4th & 5th graders will need online. Curriculum also covers the basics of technology and online safety and is fully aligned with the CASEL Competencies, Common Core ELA-LITERACY Standards and ISTE Tech Standards for Students.

### USING VALUES TO GUIDE YOU

- What is a Value?
- What Are Your Values?
- Values Can Guide You Online
- The Value of Kindness
- Showing Kindness Online
- The Value of Self-Discipline
- Practicing Self-Discipline Online
- The Value of Tact
- Showing Tact Online
- The Value of Mindfulness
- Practicing Mindfulness Online
- The Value of Responsibility
- Showing Responsibility Online
- The Value of Cooperation
- Learning to Cooperate Online



### GETTING READY TO TAKE FLIGHT

- A Short History of the Internet
- How the Internet Works
- What Does It Mean To Be "Online"?
- Let's Get Ready To Search
- Going Through Your Search Results
- Taking Care of Your Devices
- Finding Just the Right Balance

### ARE YOU REALLY READY?

- Having an Online Presence
- Think Before You Post
- Asking For & Getting Consent
- Communicating Online
- Managing Your Emotions
- Managing Your Emotions Online
- Is It True? Or Not
- Understanding Another's Perspective
- Keeping Safe While Browsing
- Keeping Safe From Scams
- Keeping Safe From Strangers
- Opening Your First Account
- A Word About Passwords
- Are You Really Ready?



**Every lesson includes a teacher guide/lesson plan, student activity & worksheet, plus a video featuring our intrepid Cyberwise owl who is learning to use the Internet too!**

